

## FREQUENTLY ASKED QUESTIONS

- **IS INTENSE PULSED LIGHT & LOW-LEVEL LIGHT THERAPY SAFE?**

The combined treatment of Intense Pulsed Light (IPL) and Low-Level Light Therapy (LLLT) is generally safe for treating dry eye disease, with minimal side effects. IPL may cause temporary redness and mild swelling, while LLLT is non-invasive with no significant side effects. IPL targets meibomian gland dysfunction, reduces inflammation, kills bacteria and mites. LLLT gently warms the eyelids, helping to unclog meibomian glands and enhance oil secretion while further killing bacteria where applicable.

- **HOW SHOULD I PREPARE FOR MY APPOINTMENT?**

Make sure your face is clean, dry, and free of any products. Stop using tanning products, photosensitive medications, or exfoliating creams 1-2 weeks before treatment. After treatment, avoid sun or use sunscreen for two weeks.

- **HOW SOON WILL I NOTICE AN IMPROVEMENT IN MY DRY EYE?**

Improvement often begins after the first or second treatment (especially when utilizing both technologies during the same treatment) with four sessions spaced 2-4 weeks apart recommended for optimal results. Significant relief is typically observed by the end of the full treatment cycle, with many patients reporting reduced dryness and irritation, along with better tear quality.

- **HOW IS INTENSE PULSED LIGHT & LLLT THERAPY DIFFERENT FROM OTHER DRY EYE TREATMENTS?**

Unlike traditional treatments that offer temporary relief, our iProX IPL & InfinityPro LLLT address the root cause of dry eye by targeting the blood vessels and glands and restoring natural oil production. These combined therapies treat Meibomian Gland Dysfunction, reduce inflammation, and provide significant symptom relief. The combined therapy is also effective against bacterial infections like blepharitis, styes, and chalazion, broadening the therapeutic scope.



**PERSPECTIVE**  
EYE CENTER



**OFFERING NEXT GENERATION  
TECHNOLOGY FOR DRY EYE!**

— iProX  
— InfinityPro  
by MDeLite

[perspectiveeyecenter.com](http://perspectiveeyecenter.com) —

## BOND PROTOCOL - IPL + LLLT PROCEDURE

- Photo protective goggles will be applied
- IPL energy is delivered to the periorbital area in a tragus-to-tragus pattern
- Energy pulses are delivered in a double pass technique using 8-10 pulses per pass
- Goggles are removed and low-level light therapy is delivered using red and infrared light for 10-12 minutes
- Meibomian gland expression will be performed after energy-based therapy
- 4 therapy sessions - 2 weeks apart



### ADDITIONAL AESTHETIC BENEFITS OF IPL + LLLT

- Reduces hyperpigmentation caused by sun damage, i.e., freckles, sun and age spots
- Minimizes redness, inflammation and rosacea
- Promotes skin collagen production and aids in the recovery of skin elasticity. This improves the overall appearance of the skin by diminishing wrinkles and shrinking pores

## SYMPTOMS OF DRY EYE

DRY EYE OCCURS WHEN THE EYE DOES NOT PRODUCE ENOUGH TEARS OR HAS POOR QUALITY TEAR FILM. WITH SYMPTOMS RANGING FROM MILD IRRITATION TO DEBILITATING DISCOMFORT.

- Scratchy and/or Burning Eyes, Blurred Vision, Gritty or Foreign Body Sensation, Excessive Tearing or Watering, Increased Light Sensitivity, Contact Lens Discomfort



## RISK FACTORS FOR DRY EYE

- Age, Gender, Certain Medical Conditions Such as Diabetes, Thyroid Issues and Rheumatoid Arthritis, Medication, Contact Lens Wear, Environmental Conditions, Computer Use and Refractive Surgery



## CONTACT US TO SCHEDULE YOUR DRY EYE CONSULTATION TODAY!

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